



## Youth of the Year Award Submission Packet

### **NORTHERN CALIFORNIA DISTRICT**

#### **2024-2025 Youth of the Year Essay Theme:**

*“In a world that is constantly changing and ever-evolving, our youth play critical roles in shaping the future of their communities. From advocating to leading, young people are taking charge and making significant impact. How have you personally contributed to society and how do you envision your future in community service?”*

Completed application (attached) with a typed essay (see Section 4)  
should be emailed to:

Linda Carlson, Northern CA District Education Chair

Lmcarlson47@gmail.com

707-479-3340

#### **SUBMISSION DEADLINE IS APRIL 15, 2025**

Note: District Youth of the Year Award winner receive a \$1,000 cash award and will be honored at the District Convention dinner banquet held on June 14, 2025. Award recipient may bring 2 guests. The Northern CA District Youth of the Year winner is automatically submitted for a chance to win a National Exchange Club scholarship in the amount of \$15,000 to be presented at the National Convention. Travel accommodations will be provided to the National winner and his/her parents or guardians.

# Youth of the Year Entry Form



## THE DISTRICT YOUTH OF THE YEAR AWARD OFFICIAL ENTRY FORM

### INSTRUCTIONS

The entry form is divided into five parts: Sections 1 and 2 address the candidate's achievements during five of his/her final six semesters in high school (this information is normally obtained from school records); Sections 3 and 4 are to be prepared by the candidate; and, Section 5 must be filled out in its entirety.

All grading should be based on a five semester period beginning with the sophomore (10<sup>th</sup> grade) year and ending with the close of the first semester of the senior (12<sup>th</sup> grade) year. Be sure to enter a score for each semester in each appropriate activity column, as well as a total.

### Section 1a – Activities

*Student Government/Class Government* - Report on highest office held per group each semester.

*Newspaper/Annual School Publication* - Report on highest position held per publication each semester.

*Musical Organization* - "Band" denotes any musical group which is school-sponsored. "Choir" denotes any vocal group which is school-sponsored. "Orchestra" denotes a formal, symphonic musical organization which is school-sponsored, but not included in band activities. "Drum Major/Majorette" must be part of school-sponsored activity.

*Debate Activities* - "Winner" denotes any recognized award achieved as an individual, or as a member of a team, in either an inter- or intra-school competition. However, only one such victory may be counted per semester. "Team" denotes any group representing either a high school class or the high school as a whole. If the candidate receives a score as a winner and is part of a team, he/she should also receive credit for team membership.

*Stage Production* - "Performer" denotes active participation on stage as a member of a theatrical or similar school-sponsored production. "Production Crew" denotes participation in an activity necessary to support a school performance (i.e. stage hand, projectionist, makeup, etc.). Only one performance may be counted per semester.

*Athletic Teams, Club Membership* - See explanation on entry form.

### Section 1b — Community Service Activities

*Community Organization Membership and Volunteer Service Hours* - See explanation on entry form.

### Section 2 – Grades

Grade point average is for semester period beginning with the sophomore (10<sup>th</sup> grade) year and ending with the close of the first semester of the senior (12<sup>th</sup> grade) year. Multiply the student's G.P.A. (using the 4.0 system) by 50 to get the score for Section 2. G.P.A. may not exceed 4.0.

### Section 3 – Special Achievements/Awards

List 10 special achievements and awards, specifying if local, state, or national. Attach a typewritten paragraph describing most outstanding achievement. This section, which can be awarded up to a maximum of 160 points, will be scored by the national judges.

### Section 4 – Essay

Follow instructions as indicated on form. The subject of the essay will be announced by a letter from The National Exchange Club. The essay will be scored by the team of national judges, which can award the essay as many as 300 points. The essay should be attached to this form as indicated.

### Section 5 – Certification/Information Form

Fill out as indicated. Advise candidate that he/she may be contacted by a representative of The National Exchange Club to obtain additional information for publicity purposes.

District Youth of the Year Candidate  
 Submitted by the Exchange Club of \_\_\_\_\_ Club # \_\_\_\_\_

National Youth of the Year Candidate  
 Submitted by the \_\_\_\_\_ District

**Section 1a — Activities**

*Student Government/Class Government*

- President (4 points)
- Other Officer (3 points)
- Representative (2 points)
- Committee Member (1 point)

POINTS EARNED

**Semesters**

10	10	11	11	12	

**20 points max.**

*Newspaper/Annual School Publication*

- Editor (4 points)
- Manager (3 points)
- Staff (2 points)

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**20 points max.**

*Musical Organization*

- Band (2 points)
- Choir (2 points)
- Orchestra (2 points)
- Drum Major/Majorette (2 points)
- Receiving Individual Music Instruction (2 points)

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**30 points max.**

*Debate Activities*

- Winner (2 points)
- Team Member (1 point)

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**15 points max.**

*Stage Production*

- Performer (2 points)
- Production Crew (1 point)

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**15 points max.**

*Athletic Teams*

Captain or Co-Captain (2 points), Team Member (1 point). List no more than two (2) per semester, with points earned for each. Do not include intramural sports.


**20 points max.**

*Club Membership*

(Clubs authorized and sponsored by the high school.) Officer (2 points), Member (1 point). List no more than two (2) per semester, with points earned for each.


**20 points max.**

**Section 1a Total** \_\_\_\_\_  
**140 points max.**

## Section 1b – Community Service Activities

### Community Organization Membership

(Including youth groups, religious, and service organizations which meet at least once a month.) President (3 points), Officer (2 points), Member (1 point). List no more than two (2) per semester and no more than 20 hours per semester. Include list of activities performed.


20 points max.

### Volunteer Service Hours

(Such as hospital or nursing home service, Salvation Army bell-ringing, etc.) 1 point for every five (5) hours. List no more than two (2) activities per semester and no more than 20 hours per semester.


20 points max.

**Section 1b Total** \_\_\_\_\_

40 points max.

## Section 2 – Grades

Grade Point Average (on a 4.0 scale) \_\_\_\_\_ x 50 = \_\_\_\_\_

**Section 2 Total** \_\_\_\_\_

200 points max.

## Section 3 – Personal Achievements/Awards

Each nominee should list his/her 10 most outstanding achievements and awards, including those for athletics, scouting, talent, etc. The nominee should select the achievement he/she considers to be the most outstanding and describe why in a typewritten paragraph (*maximum 200 words*). Attach paragraph to this form.

<i>Date</i>	<i>Description</i>	<i>Local</i>	<i>State</i>	<i>National</i>

**Section 3 Total** \_\_\_\_\_

160 points max.

(Please attach additional sheets if necessary.)

## Section 4 – Essay

Each nominee will be responsible for preparing an essay on a subject selected by The National Exchange Club. The essay must be 800–1,200 words. Although grammatical correctness and proper use of accepted rules of composition will be considered, points will be awarded primarily on the basis of the overall impact of the essay. Therefore, logical and clear development, as well as the persuasiveness, are most important. The purpose of the essay is to provide the judges with deeper insight into the character and beliefs of the nominee, and the nominee's ability to clearly communicate with the reader. Based on these impressions, judges may award the essay up to 300 points. Please attach the typewritten essay to this form.

Section 4 Total \_\_\_\_\_

*300 points max.*

TOTAL \_\_\_\_\_

*840 points max.*

## Section 5 – Certification and Information Form

Candidate's name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

Phone \_\_\_\_\_ Date of birth \_\_\_\_\_

High school \_\_\_\_\_

Contact person \_\_\_\_\_ Phone \_\_\_\_\_

Parents'/Guardians' names \_\_\_\_\_

We certify that the above-named student has participated in Section 1 activities, achieved Section 2 grades, and earned Section 3 awards and achievements.

\_\_\_\_\_  
Signature of high school official

\_\_\_\_\_  
Signature of parent/guardian

I certify that this candidate was selected as the Youth of the Year from among at least three (3) Youth of the Month winners selected by my club during the administrative year beginning \_\_\_\_\_, and is in strict keeping with the rules and regulations of the Youth of the Month program as provided by The National Exchange Club.

\_\_\_\_\_  
Signature of club president

\_\_\_\_\_  
Exchange Club of